

Special Olympics Ice Dance 1-2

ICE DANCE LEVEL 1

Eligibility: All ice dancing competitions may be skated solo or may be skated by a dance team. Team shall consist of two Special Olympics athletes or one Special Olympics athlete and one Unified Sports® dance skater: one male and one female, two males, or two females. Both skaters should have similar skating ability.

General requirements for first and second pattern dance:

- All pattern dances will be skated to music.
- The dance will commence at the end of the rink designated by the referee.
- The introduction may include a maximum number of seven steps.

Dance Rotation (Preliminary)

Skaters will be required to perform the Dutch Waltz, Tango Canasta, or Rhythm Blues in accordance with the following rotation schedule.

2025-26 First Pattern Dance – Tango Canasta
Second Pattern Dance – Rhythm Blues

2026-27 First Pattern Dance – Rhythm Blues
Second Pattern Dance – Dutch Waltz

ICE DANCE LEVEL 2

Dance Rotation (Pre-Bronze)

Skater will be required to perform the Swing Dance, Tango Fiesta, or Cha Cha in accordance with the following rotation schedule.

2025-26 First Pattern Dance – Tango Fiesta
Second Pattern Dance – Swing Dance

2026-27 First Pattern Dance – Swing Dance
Second Pattern Dance – Cha Cha