

Adult Beginner – Bronze Free Skate

GENERAL EVENT PARAMETERS:

- Skaters will skate to the music of their choice; vocal music is allowed.
- To be skated on full ice.
- The minimum number or required spin revolutions is indicated in parentheses following the spin description. Revolutions must be in position.

ADULT BEGINNER – 1:40 MAX			
JUMPS	SPINS	STEP SEQUENCES	QUALIFICATIONS
Maximum 4 Jump Elements <ul style="list-style-type: none"> • Jumps limited to bunny hop, mazurka, ballet, and waltz jump • Max. 1 combination or sequence consisting of only the allowed listed jumps • Max. 2 of any same jump 	Maximum 2 Spins <ul style="list-style-type: none"> • Two forward upright spins, no change of foot, no flying entry, min. 3 revolutions. 	Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed any U.S. Figure Skating singles tests.

ADULT HIGH BEGINNER – 1:40 MAX			
JUMPS	SPINS	STEP SEQUENCES	QUALIFICATIONS
Maximum 4 Jump Elements <ul style="list-style-type: none"> • Jumps limited to bunny hop, mazurka, ballet, stag, split, waltz, half flip, half Lutz, Euler, single toe loop, and single Salchow • Max. 1 combination or sequence consisting of only the allowed listed jumps • Max. 2 of any same type jump 	Maximum 2 Spins <ul style="list-style-type: none"> • Two upright spins, change of foot optional, no flying entry, min. 3 revolutions 	Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed any U.S. Figure Skating singles tests.

ADULT PRE-BRONZE – 1:40 MAX			
JUMPS	SPINS	STEP SEQUENCES	QUALIFICATIONS
Maximum 4 Jump Elements <ul style="list-style-type: none"> • Only single and half-revolution jumps are permitted (half flip and half Lutz are permitted) • Single Lutz, single Axel, double, triple, and quadruple jumps are not permitted. • Each jump may be repeated only once and only as part of a combination or sequence. Max. 2 of any same jump. • Max. 2 combinations or sequences. <ul style="list-style-type: none"> ○ 1 jump combination or 1 sequence may contain 3 jumps, and the other may contain only 2 jumps. ○ A jump sequence consists of two or three single revolution jumps, in which the second and/or the third jump is a waltz jump with a direct step from the landing curve of the first/second jump on to the take-off curve of the waltz jump. 	Maximum 2 Spins - Max Level 1 <ul style="list-style-type: none"> • Spins must have different codes. • Min. 3 revs. • Spins with a flying entry are not permitted. • A two-foot spin is permitted as one of the spins at this level and has a different code than a one-foot spin. 	Connecting steps throughout the program are required.	Skaters may not have passed tests higher than U.S. Figure Skating adult pre-bronze or pre-preliminary singles.

ADULT BRONZE – 1:50 MAX			
JUMPS	SPINS	STEP SEQUENCES	QUALIFICATIONS
Maximum 4 Jump Elements <ul style="list-style-type: none"> • All single jumps permitted except single Axel. • Single Axel, double, triple, and quadruple jumps are not permitted. • Each jump may be repeated only once and only as part of a combination or sequence. Max. 2 of any same jump. • Max. 2 combinations or sequences. <ul style="list-style-type: none"> ○ 1 jump combination or 1 sequence may contain 3 jumps, and the other may contain only 2 jumps. ○ A jump sequence consists of two or three single revolution jumps, in which the second and/or the third jump is a waltz jump with a direct step from the landing curve of the first/second jump on to the take-off curve of the waltz jump. 	Maximum 2 Spins - Max Level 1 <ul style="list-style-type: none"> • Spins must have different codes. • Min. 3 revs. total if no change of foot • Min. 3 revs. each foot if change of foot. • Min. 2 revs. in each position. • Spins with a flying entry are not permitted. 	Maximum 1 Sequence <ul style="list-style-type: none"> • 1 choreographic step sequence (ChSt) utilizing at least one half the ice surface (may include skating movements such as spirals, ina bauers, spread eagles, split jumps, etc.) • Must be clearly visible and identifiable 	Skaters may not have passed tests higher than U.S. Figure Skating adult bronze or preliminary singles.